

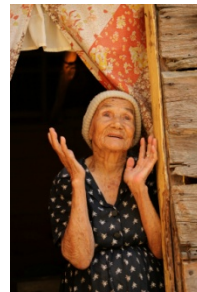


Aging in 2030: Not Our Grandparents' Service World

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Preparing for The Changing Face of Aging in America

**Two- thirds of people in
human history who have
reached the age of 65 are
alive right now!**



Givens in 2030

- **Population aging (wide geographic variation)**
- **Younger disabled surviving birth, extended longevity**
- **Increasing gap between haves/have-nots**
- **Increased ethnic/cultural diversity among consumers/caregivers**
- **Six-generation families the norm**

Givens in 2030 cont.

- **Young-old vs. Old-old**
- **Decreased availability of traditional low wage workforce**
- **Decreased availability of family caregivers**



Givens in 2030 cont.

- **More proactive/demanding consumers**
- **Transportation problems**
- **Lack of affordable senior and disabled housing**



Uncertainties

- **Longevity extension?**
- **Role of bio- and nanotechnology**
- **Medical breakthroughs**
- **Implications of obesity**
- **Role of robotics, artificial intelligence, etc.**



The “New Normal” = Successful Aging in Community

Successful Aging in Community

- **Independence & autonomy in place called “home”**
- **Affordable options essential**
- **Competent workforce**
- **Livable, adaptable environment**

Disruptive Aging

- **What does it mean?**
- **Disruptive for whom?**
- **Limits of the paradigm**



Emerging Models of Service Delivery

- **Integrating acute, primary, chronic, and LTC**
- **Re-balancing the LTC system**
- **Consumer-direction in LTC**
- **Culture change in residential care**

Integration/Care Coordination

- **ACA demonstrations & new programs**
- **Payment and service delivery reforms**
- **Population-based, community-level focus**
- **Transitional care-greater role for LTC**
- **Goals**
 - **Better health/functional outcomes**
 - **Greater efficiency**
 - **Lower Medicare/Medicaid costs**

Challenges & Opportunities

- **Devil in details of payment reform**
- **Competent workforce across all levels and settings**
- **Targeting and triage approaches**
- **Capacity of LTC system to play**
- **Increased role and potential dollars for LTC**
- **Will managed care squeeze LTC out?**

Rebalancing the LTC System

- **Private pay already rebalanced-choices**
- **Public sector rebalancing from institutional to HCBS for long stays**
- **Expanded post-acute in SNFs and home health care**

Rebalancing the LTC System cont.

- **Role of residential alternatives**
 - **Limits of assisted living**
 - **Potential of independent living/housing linked with services (market rate & publicly subsidized)**
- **Home-based care**
 - **Villages**
 - **NORCs**
 - **Affordable housing & services**

My Vision:

**Aging in Community
in 2030**

Aging Services Delivery System

- **Range of home and community-based services**
- **Nursing homes primarily for post-acute & end of life care; also community hubs**
- **Residential options (affordable AL, housing w/services)**

Aging Services Delivery System cont.

- **Seamless links with acute and primary care**
- **Technology improves home-based care**
- **Increased focus on primary/secondary prevention**
- **Quality, culturally competent workforce**

Devolution to Communities

- **Planning and implementation at community level**
- **Services and supports built around informal or formal NORCs (population-based service delivery)**
- **Increased consumer choice facilitated by availability of comparative quality information**

Where we go next will depend on:

- **Our vision of the future and our ability to “make” new solutions that transform**
- **Our ability to see through the current clouds of confusion – to identify the opportunities that are there**
- **Our ability to take on the unfamiliar – whether redesigned care models or changes in how we are paid**
- **Our ability to lead – in collaboration with others. Few wins will be sustained by working in isolation**

